



Women's Artistic Invitational Meet
March 13-15, 2020
Women's Junior Olympic Levels 1-8

SPRING FLIP 2020 REGISTRATION AND EVENT INFORMATION

TO REGISTER

Sportzsoft Link: <https://www.sportzsoft.com/meet/meetWeb.dll/TournamentLogin?Id=945>

COST

Early Bird Deadline January 17th, 2020

After January 17th, 2020

\$ 95.00 JO Levels 1 – 2
\$120.00 JO Levels 3 – 8

\$115.00 JO Levels 1 – 2
\$135.00 JO Levels 3 – 8

ENTRY DEADLINE: Friday, February 14, 2020

Please note, late registration may be available however it is subject to space availability.
For inquiries, please contact our office at 780-459-4256.

PAYMENT

Cheques are payable to St. Albert Gymnastics Club.

If paying by Visa or MasterCard, please contact our office at 780-459-4256.

REFUNDS

Refunds are available until February 25, 2020 by written request. After February 25, 2020 a Doctor's note will be required and will be subject to a \$25.00 administration fee. No refunds after March 11, 2020.

ST. ALBERT GYMNASTICS CLUB



WAIVERS

Waivers can be mailed or faxed to St. Albert Gymnastics Club and must arrive on or before March 11, 2020.

CONTACTS

Head Coach – Berrie Onishenko
Telephone: (780) 459-4256 Fax: (780) 458-0319
Email: headcoach@stalbertgymnastics.com
Website: www.stalbertgymnastics.com

LOCATION

St. Albert Gymnastics Club
2A Riel Drive
St. Albert, AB
T8N 3Z7

EQUIPMENT

AAI Table Vault
SA Beam
AAI Bars
AAI Spring Floor
AAI Beat Board **Clubs are welcome to bring their own spring boards.**

MUSIC

Optional floor routines for Levels 6, 7, 8 must have their floor music uploaded onto the SportzSoft registration system. Coaches are required to ensure a backup copy is available.

AWARDS

JO Levels 1 – 2

Each athlete will receive an overall medal, event ribbons, and certificate of participation and gift.

JO Levels 3 – 8

Podium Medals are awarded to the top 3 in each event and All Around.

Ribbons are handed out for 4th to 8th place in each event and All Around.

Participating athletes will receive a scorecard and gift.

ST. ALBERT GYMNASTICS CLUB



TENTATIVE SESSION SCHEDULE

Friday, March 13th

4:30 to 8:30
(If required)

Saturday, March 14th

JO 3 - 8
8:00 to 10:30am
10:45 to 12:45pm
1:15 to 3:45pm
4:15-7:30pm

Sunday, March 15th

JO 1 - 2
8:30-10:30am
10:45-12:45pm
1:00-3:00pm

PLEASE NOTE: THE FINAL SCHEDULE WILL BE DETERMINED BY REGISTRATION NUMBERS AND WILL BE FORWARDED TO ALL PARTICIPATING CLUBS.

ACCOMMODATIONS

Best Western Plus The Inn at St. Albert

460 Saint Albert Trail, St. Albert AB T8N 5J9

Toll Free Central Reservations (US & Canada Only) 1 (800) 780-7234

Hotel Direct Number 780-470-3800

www.bestwestern.com

St. Albert Inn & Suites

156 St. Albert Tr, St. Albert AB T8N 0P5

Hotel Direct Number 780-459-5551

www.stalbertinn.com

WE LOOK FORWARD TO SEEING YOU THERE!

